

Child and Adult Care Food Program  
**DAILY MENU FOR INFANTS**  
**(4-7 MONTHS)**

Name of Center \_\_\_\_\_  
 Agreement Number 7272  
 Month/Year \_\_\_\_\_

	4 thru 7 months	Date _____	Date _____	Date _____	Date _____	Date _____
<b>BREAKFAST</b> 1. Breastmilk or Iron Fortified Formula 2. Infant Cereal (Iron Fortified) Dry	4-8 Fl. Oz 0-3 Tbsp.					
<b>LUNCH</b> 1. Breastmilk or Iron Fortified Formula 2. Infant Cereal (Iron Fortified) Dry 3. Fruit and /or Vegetable of appropriate consistency*	4-8 Fl. Oz 0-3 Tbsp. 0-3 Tbsp					
<b>SNACK PM (Supplemental)</b> 1. Breastmilk or Iron Fortified Formula	4-6 Fl. Oz.					

\*Appropriate consistency means the thickness or the texture that the baby can tolerate.