

Child and Adult Care Food Program
 DAILY MENU FOR INFANTS
 (8-11 MONTHS)

Name of Center _____
 Agreement Number 7272
 Month/Year _____

	8 thru 11 months	Date _____	Date _____	Date _____	Date _____	Date _____
BREAKFAST 1. Breastmilk or Iron Fortified Formula 2. Infant Cereal (Iron Fortified) Dry 3. Fruit and /or Vegetable of appropriate consistency*	6-8 Fl. Oz 2-4 Tbsp. 1-4 Tbsp.					
LUNCH 1. Breastmilk or Iron Fortified Formula 2. Infant Cereal (Iron Fortified) Dry and/or Meat, Fish, Poultry, Egg Yolk or Cooked Dry Beans, Peas, Lentils or Cheese or Cottage Cheese 3. Fruit and /or Vegetable of appropriate consistency*	6-8 Fl. Oz 2-4 Tbsp. 1-4 Tbsp 1-4 Tbsp 1/2-2 Oz 1-4 Tbsp 1-4 Tbsp					
SNACK PM (Supplemental) 1. Breastmilk or Iron Fortified Formula 2. Whole Grain or Enriched Bread or Whole Grain or Enriched Cracker Type Product	2-4 Fl. Oz. ** 0-1/2 Slice 0-2 Crackers					

*Appropriate consistency means the thickness or the texture that the baby can tolerate.

**May substitute full strength, 100% fruit juice of equal amount. Applies only to 8-11 month old infants.