



Healthy Social Behaviors Project

Supporting teachers to develop pro-social early childhood learning environments that help to prevent suspension and expulsion, as related to challenging behaviors

Who We Are

We are specialists, with early childhood education backgrounds, who are passionate about empowering teachers to develop learning environments that promote pro-social skills in young children. Our statewide team includes behavior specialists, fidelity coaches, an education specialist and a project manager covering all 100 counties in North Carolina. The Healthy Social Behaviors project is an initiative of the North Carolina Resource and Referral Council funded by the North Carolina Department of Child Development and Early Education (DCDEE).

Who We Support

DCDEE Licensed Child Care Centers serving children ages 0 to 5 years old including NC Pre-K in Public School and in Community Classrooms, Early Head Start, Head Start Programs, Developmental Day, and GS 110-106 Centers.

How We Can Help

- Offering consultation and technical assistance to licensed centers to address challenging behaviors
- Developing a coaching relationship with classroom teachers and directors
- Making community connections to support children and families
- Promote social competencies in all children in child care centers
- Provide educational resources and training to the greater early childhood community

Pro-Social Skills

Managing & Expressing Emotions	Following Directions	Making Positive Choices
Using Problem Solving Strategies	Group Participation	Positive Sense of Self
Taking Turns & Sharing	Self-Control	Respecting Family Culture

Framework Used

The evidence-based Teaching Pyramid Model is the framework used to guide our coaching. This model supports universal teaching practices including an effective workforce, nurturing and responsive relationships, high quality supportive environments, targeted social and emotional supports, and intensive interventions. Training and strategies align with North Carolina Foundations for Early Learning and Development to meet the needs of children in our state.

Contact Us

 <p>Local HSB Specialist Melissa Maybin Maybin.melissa@swcdcinc.org 828-477-4509</p>	 <p>Local HSB Specialist Sharon FitzGerald Fitzgerald.sharon@swcdcinc.org 828-354-0367</p>
<p align="center">Regional Agency Information Southwestern Child Development Commission Inc. 828-586-5561 info@swcdcinc.org www.swcdcinc.org</p>	
 <p>Statewide Education Specialist Elizabeth Tuttle, M.Ed. Child Care Resources Inc. 252-670-3210 etuttle@childcareresourcesinc.org</p>	 <p>Statewide Project Manager Smokie Brawley Child Care Resources Inc. 704-376-6697 x371 sbrawley@childcareresourcesinc.org</p>

Serving Region 8: Cherokee, Graham, Swain, Haywood, Madison, Buncombe, Rutherford, Polk, Henderson, Transylvania, Jackson, Macon, Clay






Healthy Social Behaviors Project

WHY DO WE DO WHAT WE DO?

- Research shows that between the ages of 2 and 5 the brain is primed and ready to learn to manage impulses and emotions. (Mann, Hund, Hesson-McInnis, & Roman, 2017)
- Research supports the importance of developing social-emotional competence in preparing children for school readiness, peer relationships, positive attitudes toward school, emotional self-management, and academic achievement (Blair & Razza, 2007; Mann et al., 2017; Razza & Raymond, 2015)
- Preschool children are suspended up to three times more than students from kindergarten through 12th grades (United States Department of Education's Civil Rights Data Collection, 2012)
- It is estimated that 250 preschoolers are suspended or expelled each day (Center for American Progress, 2017)
- The Pyramid Model is listed as a recommended multi-tiered approach to prevent and limit expulsions and suspensions in early childhood settings (United States Department of Education and Health and Human Services Department, 2014)

In 2005, North Carolina established the Statewide Healthy Social Behaviors Project to address these challenges.

RESOURCES

-  Check out [Tucker's NC Nest](https://www.pinterest.com/Tuckersncnest/), <https://www.pinterest.com/Tuckersncnest/>, on Pinterest for social/emotional teaching strategies.
-  Follow our [Oh Behave! Tips](https://twitter.com/OhBehaveTips), <https://twitter.com/OhBehaveTips>, on Twitter.
-  Open our latest [LiveBinder resource](https://www.livebinders.com/shelf/view/214119), at <https://www.livebinders.com/shelf/view/214119>, a growing library shelf of virtual binders that include archived issues of the HSB newsletter, *Oh Behave!*, a collection of Disaster Response Resources, and a binder of scripted stories for classroom use.

CONNECTION

- Join **Social-Emotional Connections**, at https://nc-childcare-community-connections.mn.co/share/lvJE-e-35C0ALT4V?utm_source>manual, organized by the NC Healthy Social Behaviors Project (HSB).
- Our focus is on creating a platform for early childhood administrators, teachers, and support staff across North Carolina to connect with one another.
- Professionals gain access to current and relevant resources to support the overall social-emotional well-being of administration, staff, families and children.

"Somebody's got to be crazy about that kid. That's number one. First, last and always."

Urie Bronfenbrenner