

Southwestern CHILD DEVELOPMENT COMMISSION

Connecting Matters...

Take Care of You- Take Care of Others-Take Time to Share

Serving:

Buncombe, Haywood, Henderson, Madison, and Transylvania Counties

Grant Funding Provided by:



PISGAH
HEALTH FOUNDATION



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Explore More FREE
Training Opportunities!

Online On-Demand

FREE

Online On-Demand Child Care Courses
**For Buncombe, Haywood, Henderson,
 Madison, Transylvania**
Early Childhood Educators

- Anger & Aggression In Young Children
- Children with Incarcerated Family Members
- Homelessness in Afterschool
- **Human Trafficking...is Happening*
- Infant Mental Health – The Basics of What & Why
- Methamphetamines and the Effects on Children
- No Hero in Heroin
- Only 1 U: Suicidal Youth
- **Shaking Hurts: Abusive Head Trauma*
- Yakety Yak – These Kids Talk Back & Other Daily Dilemmas

**New Courses Added for January 2021*

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 **PISGAH**
HEALTH FOUNDATION
<https://pisgahhealthfoundation.org/>

Health & Wellness
 Trauma Informed
 Trauma Responsive

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COMMISSION

All Courses Approved by
 NC Division of Child
 Development & Early Education

Register at
<http://www.swcdcinc.org>

Enter Discount Code: **PHF20**
 (Expires 8-31-2021)

Have Questions?
 Contact Karen Darby
darby.karen@swcdcinc.org
 704-641-7550




ONLINE TRAINING
 REGISTRATION

Creating A Trauma Informed Care Organization...

Click the Image below for more information.



Mindful Books to Read This Winter...

Click the link below to discover the complete list.

Mindful Books



Bounce Back Project...

Promoting Health Through Happiness

Explore the Website

Book Nook for Kids...



VIOLET THE SNOWGIRL

Click Here to Find the Book



Rapid Reset!

Click the link below to watch the video...

Sipping Water for Self-Care During the School Day

SWCDC Child Care Resource and Referral

ABOUT US



Questions? Contact us today 828-586-5561 or info@swcdcinc.org