

Region A Directors Meeting Resources

February 2021 - Links for Chat Box

EXECUTIVE ORDER NO. 180 INCREASING FACE COVERING REQUIREMENTS TO PREVENT THE RAPID SPREAD OF COVID-19:

<https://files.nc.gov/governor/documents/files/EO180-Face-Coverings-Requirements.pdf>

Child Care Strong NC Public Health Toolkit:

<https://files.nc.gov/covid/documents/childcare/NC-Interim-Guidance-for-Child-Care-Settings.pdf>

Pg. 7 Use strategies to assist children with becoming comfortable wearing face coverings:

<https://www.healthychildren.org/English/health-issues/conditions/COVID-19/Pages/Cloth-Face-Coverings-for-Children-During-COVID-19.aspx>

Additional Mask Resources:

<https://consciousdiscipline.com/?s=masks>

If you would like a resource on Caring for infants and toddlers while wearing face coverings, please email Gail Mattingly, mattingly.gail@swcdcinc.org.

What's the difference between quarantine and isolation?

https://www.youtube.com/watch?v=l3s75_X8Xjs&feature=emb_title

Pg. 6 Social Distancing Strategies:

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/guidance-for-childcare.html#SocialDistancing>

COVID 19 Resources:

<https://healthychildcare.unc.edu/> – click “resource” tab, then click “COVID 19 Resources” from the drop-down menu, or the direct link is:

<https://healthychildcare.unc.edu/resources/covid-19/>

Effective Cleaning & Disinfecting Techniques in Child Care Webinar, Wednesday, February 24, 2021:

Webinar link: <https://ncgov.webex.com/ncgov/onstage/g.php?MTID=ec04dc15bc5dd89d05232bd8214ff0a96>

Safe Cleaning, Sanitizing, and Disinfection:

https://ncchildcare.ncdhhs.gov/Portals/0/documents/pdf/C/Child_Care_Safer_Cleaning.pdf?ver=2021-02-09-100532-120

Hope4Healers Helpline:

<https://www.ncdhhs.gov/divisions/mental-health-developmental-disabilities-and-substance-abuse/hope4nc/hope4healers-helpline>

Get the SCOOP on Managing Stress:

https://files.nc.gov/ncdhhs/SCOOP-Hope4NC_Flyer.pdf

Three Good Things: <https://ggia.berkeley.edu/practice/three-good-things>

Headspace:

https://play.google.com/store/apps/developer?id=Headspace+for+Meditation,+Mindfulness+and+Sleep&hl=en_US&gl=US

<https://apps.apple.com/us/app/headspace-meditation-sleep/id493145008>

My Life: https://play.google.com/store/apps/details?id=org.stopbreathethink.app&hl=en_US&gl=US

<https://apps.apple.com/us/app/mylife-meditation-mindfulness/id778848692>

Lead Testing Info:

<https://www.cleanwaterforcarolinakids.org/>

RTI International to support free testing, required by April 1, 2021.

Clean Water for Carolina Kids program, pre-enrollment webinar. Webinars at

https://rtiorg.zoom.us/webinar/register/WN_dUo_XtugQOOvBoiONHs_7g

Once you complete the webinar, the access code will be shared to enroll at www.cleanwaterforcarolinakids.org. You need this code to enroll.